



Mrs. Freida J. (Cabouch) Mazza

May 13, 1932 - February 12, 2025

UTICA – Mrs. Freida J. (Cabouch) Mazza, age 92, passed away peacefully in her sleep on Wednesday, February 12, 2025.

Born in Utica on May 13, 1932, Freida was the daughter of the late Fred R. and Victoria (Bury) Cabouch. She was a graduate of T. R. Proctor High School/Class of 1950. She then went on to receive her Registered Nurse license from Crouse-Irving Hospital in 1953. A gifted student, she graduated not only summa cum laude, but also as valedictorian of her class. Later, she proceeded to earn her bachelor's degree from SUNY IT.

On September 18, 1954, she joined in matrimony with her high school sweetheart, Raymond K. Mazza. The two were truly happily married and built their relationship on mutual trust. They valued each other and the family they built together above all things. Times spent dancing with her husband were some of Freida's fondest memories. The couple shared over 61 years of love and companionship prior to Raymond's passing on March 12, 2016.

Freida served as a Registered Nurse at the Memorial Hospital on Genesee St. and also worked at Bendix Corporation for a time. After taking a break to prioritize raising and nurturing her children, she returned to work at St. Luke's Hospital. She then went on to the Masonic Care Community of NY, where she was employed as the Resident Care Director of Assisted Living. Later, she

would join the Child Abuse Prevention Association (CAPA) Unit at the Oneida County Department of Social Services, from which she retired.

Some of her most cherished memories were made at family functions. She relished engaging with her friends and their children. She especially delighted in all the children getting to know each other and forming their own friendships.

Freida was a member of the Sans Son Sud Sorority, the Knights of St. John Commandery #385 Ladies Auxiliary, the Ladies Oriental Shrine of North America, the Crouse Alumni Society, and the Saucy Red-Hot Mamas, which is a chapter of the Red Hat Society for women who enjoy socializing at restaurants and community events. Freida particularly loved holidays and having her family gathered around the table.

She was a communicant of St. Anthony & St. Anges Church.

Freida is survived by her children and their spouses, Cheryl M. and Kenneth "Ken" Payne, Karen M. Mazza and her husband Kenneth "Ken" Toback, Andrea Mazza, and Raymond K. Mazza, Jr.; grandchildren, Lauren and Steven Kilmartin, Russell Suppa; James Toback and his wife Jennifer Yudkevich, Melissa Toback; John Hall, Noah Thompson; Victoria Helmer, and Brynlee Helmer; and great-granddaughter, Wynn Kilmartin. She also leaves to cherish her memory her sister-in-law, Teresa Cabouch; many nieces, nephews, great-nieces, great-nephews, cousins; and her special friend, Addie Foresti. She was predeceased by her sister, Lucille Groben; brother, John Cabouch; and father-in-law and mother-in-law, Joseph and Mary R. (Graziano) Mazza.

The Mazza family wishes to extend their gratitude to Betsy and Delilah of the Masonic Care Community of NY for their care and compassion.

Visitation will be held on Tuesday, February 25, 2025, from 4:00-6:00 p.m. at the Eannace Funeral Home, Inc. 932 South St., corner of Hammond Ave. The Mohawk Valley Nurses Honor Guard will perform their ritualist service at the conclusion of visitation. In lieu of floral offerings, memorial contributions in Freida's honor may be made to the Shriners Hospitals for Children online at www.lovetotherescue.org or St. Jude Children's Research Hospital online at www.stjude.org/donate; envelopes will also be available at the funeral home. Relatives and friends are respectfully invited to attend Freida's Mass of Christian Burial and Celebration of Life, which will commence on Wednesday, February 26, 2025, at 10:00 a.m. at St. Anthony and St. Agnes Church, 422 Tilden Ave. Interment will take place in Holy Trinity Cemetery at the convenience of the family.

Cemetery Details

Holy Trinity Cemetery

1500 Champlin Avenue
Utica, NY

Previous Events

Visitation

FEB **25**. 4:00 PM - 6:00 PM (ET)

Eannace Funeral Home, Inc.
932 South Street
corner of Hammond Ave.
Utica, NY 13501
(315) 724-6714
eannacefh@roadrunner.com
<https://www.eannacefuneralhome.com>

Mass of Christian Burial and Celebration of Life

FEB **26**. 10:00 AM (ET)

St. Anthony & St. Agnes Church
422 Tilden Ave.
Utica, NY 13501
(315) 732-1177
<https://www.stanthonystagnes.com/>

Tribute Wall

PA

“ Ray,
Sincerely sorry for your loss. Sorry that we couldn't give our
condolences in person.
Best prayers
Frank and Margaret Papale

Papale - February 28, 2025 at 12:21 PM

EA

“ Ej A. planted a grove of 3 [Memorial Trees](/store/Product.aspx?ProductId=4518) in honor of Mrs. Freida J.
(Cabouch) Mazza.

Ej A. - February 27, 2025 at 02:26 PM



“ 1 file added to the album Life Tributes



Eannace Funeral Home, Inc. - February 24, 2025 at 04:03 PM

TF

“ The Fox Family purchased the Full Of Love Bouquet for the family of Mrs. Freida J. (Cabouch)
Mazza.



The Fox Family - February 23, 2025 at 02:30 PM

GA

“ Greg, Leigh and Alison purchased the Strength & Solace Spray for the family of Mrs. Freida J. (Cabouch) Mazza.



Greg, Leigh and Alison - February 21, 2025 at 01:14 PM

GB

“ We didn't realize it then, but our three families lived a charmed life. We kids had six parents: Ray, Sr, Frieda, Sam Sr, Addie and my Mom and Dad. Five of the six all Proctor grads within a year of each other. Life long friends. At one point there was a standing joke that whenever the families got together, it rained, poor Frieda was teased about being 'stormy weather'. One trip to Verona Beach, it poured. We didn't even get out of our cars. Mom had the fixings for cold sandwiches, made sandwiches for everyone, passing covered plates between the cars. Rain couldn't dampen their spirits. Memories like this keep our parents alive forever. "Eternal rest grant unto Frieda, O Lord. And let perpetual light shine upon her. May she rest in peace. Amen"

Gregory Bertolini - February 18, 2025 at 01:17 PM



“ Divine Light was purchased for the family of Mrs. Freida J. (Cabouch) Mazza.



February 16, 2025 at 12:25 PM

GF

“ Ray sorry to see your mother passed but she lived to the fullest at a long age ! Accept my condolences 🙏

Gary R Fava - February 16, 2025 at 08:51 AM

SF

“ Sam Foresti Jr & Kathie Foresti planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Mrs. Freida J. (Cabouch) Mazza.

Sam Foresti Jr & Kathie Foresti - February 16, 2025 at 08:12 AM

SF

“ Sam Foresti Jr & Kathie Foresti purchased the Peaceful White Lilies Basket for the family of Mrs. Freida J. (Cabouch) Mazza.



Sam Foresti Jr & Kathie Foresti - February 16, 2025 at 08:12 AM

SU

“ To Freida’s family:

For some reason my earlier message was cut off in the middle. To clarify, we reconnected when we lived at Acacia Village and ate dinner together in the cafe. Sorry for any confusion!

Sue Ulrich



Susan Ulrich - February 16, 2025 at 06:49 AM

SU

“ To Freida’s family:

My deepest sympathy in your loss. Freida and I first met when she worked at Masonic Home, where I was the pharmacist. We reconnected together in the cafe. Then, I saw her often in the health pavilion when she resided there and I volunteered in the gift shop. I share many good memories of both her and Ray. May she rest in peace. You are all in my thoughts and prayers.

Sue Ulrich

Susan Ulrich - February 16, 2025 at 06:43 AM



JY

“ *My deepest condolences to all of Freida's family and to Cheryl and Ken. I know she was a wonderful person who will be greatly missed by all who knew her. Rest in Peace Freida*

Joe Yourno - February 16, 2025 at 06:25 AM

