



Mr. Frederick A. "Fred" Alsante

April 20, 1937 - August 21, 2023

UTICA/JAMESVILLE – Mr. Frederick A. “Fred” Alsante, age 86, passed away peacefully on Monday, August 21, 2023, surrounded by his cherished family.

Born in Utica on April 20, 1937 to the late Frederick “Fritz” and Catherine (Saggese) Alsante, he was raised in a multi-generational, tight knit family home on Gilbert St. that provided an ideal foundation for his life story. Fred graduated from T. R. Proctor High School, where his competitive spirit pushed him to excel at sports, and he was proud to serve as quarterback of the football team. In his later life, watching his grandchildren in their sporting events as a sideline “coach” was one of his favorite pastimes.

Fred attended Utica College of Syracuse University, earning a degree in business management. His first position in a fulfilling career was with the Federal Government, followed by positions with the New York State Department of Labor and with the City of Utica as General Manager of what is now known as the Mohawk Valley Water Authority, where he supported many colleagues and helped launch their careers. Years later, Fred proudly served as a member of their Board. Before fully retiring, he served as a human resource consultant at Delft Blue. Throughout his career, Fred took pleasure in providing counsel, and sharing his strong work ethic and loyalty, with friends and colleagues.

On October 6, 1962, Fred wed the former Virginia “Pinky” Inserra. They shared a wonderful life, enriched by their joy in their children, grandchildren and close friends. Together, they enjoyed many delightful gatherings. After nearly 50 years of marriage, his beloved Pinky preceded him in death on February 11, 2011.

Proud of his Italian heritage, Fred will be remembered most as a man of integrity and strength in his convictions who was always willing to share his views and his wealth of experience. He valued family, hard work and, foremost, education. As a father, he was protective and true blue, unwavering in his desire to see his children become happy and productive adults. Fred took his role of providing for his family very seriously. He was a role model, first for his children and later for his grandchildren, who knew they were on sure footing when Poppy was around to provide guidance.

A man who was engaged in his local community, Fred was politically minded and followed current events at every level. He had a deep appreciation for the automobiles he drove—he selected his vehicles for their design, performance and luxury. Fred honored tradition on so many levels, but surely one of the most memorable of his traditions was to gather with family and friends to prepare and process sausage in the oil, an annual activity that brought the whole gang together. Fred lived his best life with pride and satisfaction, and with a deep abiding faith that there is a God above.

Fred is survived by his daughter and son-in-law, Cora A. Alsante and Joseph P. Chirco; his son and daughter-in-law, Fred A. and Denise J. (Borruso) Alsante; his grandchildren, Ben, Max, and Francesca Chirco; and Freddy, Anthony, and Santino Alsante; as well as numerous extended family members and many friends with whom he shared mutual admiration. He was predeceased by his parents; his father-in-law and mother-in-law, Frank and Cora (Taverne) Inserra; his brother-in-law and sister-in-law, Frank L. and

Jeanne Inserra; and his aunts and uncles of the Saggese, King, and Zangrilli families.

The family extends a special and heartfelt thanks to the administration and staff at The Nottingham for the exceptional care and compassion they showed Fred during his time there.

Relatives and friends are respectfully invited to attend Fred's Mass of Christian Burial and Celebration of Life on Monday, August 28, 2023 at 11:00 a.m. at St. Anthony and St. Agnes Church, 422 Tilden Ave, Utica. There will be an opportunity to greet the family at the conclusion of Mass. In remembrance of his beloved wife and his passion for education, please consider a memorial contribution to the Virginia A. "Pinky" Alsante Scholarship Fund at T. R. Proctor High School for the benefit of a student entering the medical field. Contributions should be made payable to the Utica City School District and mailed to 929 York St., Utica, NY 13502, c/o Finance Department, noting in the memorandum the Virginia A. "Pinky" Alsante Scholarship Fund. Envelopes will be available at the church. Entombment will take place in Calvary Mausoleum at the convenience of the family.

Cemetery Details

Calvary Mausoleum

2407 Oneida Street
Utica, Ny

Tribute Wall

PG

“ *Cora and family,
Please accept our heartfelt condolences at
this difficult time. You are in our thoughts and
prayers!
With deepest sympathy,
Pat and Dominick Gentile*



Patricia Gentile - September 06, 2023 at 06:16 PM

DM

“ *RIP FRED.*



Donna Pedone Merhib - September 03, 2023 at 01:34 PM

FI

“ *Uncle Fred was my confirmation God Father. I have always admired
his dedication to work and family. He was an exceptional man. We
will miss him. Frank and Linda Inserra*

Frank Inserra - August 30, 2023 at 12:28 PM

EP

“ *Please accept our sincere condolences during this difficult time! He
was a true friend to my late
brother, Kim F. Benzo!
Emil and Janet Benzo-Paparella*

Emil Paparella - August 29, 2023 at 03:48 PM

AI

“ *The macaroni dinner at Cora's with the family along with the boat rides and gathering on the St. Lawrence were truly an amazing time. You will be so missed. RIP. Anthony Inserra, Esq.*

Anthony P Inserra - August 27, 2023 at 07:18 PM

DB

“ *I worked for the water co. for 40 years Fred was the best Director, always fair and willing to listen*

Dennis Bova - August 27, 2023 at 06:30 PM

SJ

“ *Fond memories of Fred @ City Hall under Mayor Michael Caruso and our late friends Tom Caramadre, Commissioner Cosmo Saraceno and Rufus P. Elefante. My wife Janice and I will always remember you and your love ones in our Catholic masses, rosaries and novenas. Samuel L. Russo Jr.*



Saamuel L Russo Jr - August 27, 2023 at 05:19 PM

RY

“ *Cora and family,
Please know of my deepest sorrow, friendship, and Masses for Fred.
He was a good man, and we often talked here at the Nottingham.
He will be very missed!
God's most abundant blessings on him and all of you.
Msgr. Bob Yeazel*

robert yeazel - August 27, 2023 at 03:39 PM

DD

“ Dear Cora, My thoughts and prayers are with you at this very difficult time. May your Dad rest in heavenly peace.
Donna Maffei D'Eredita

Donna D'Eredita - August 27, 2023 at 08:04 AM

AN

“ Cora, Betsy and I are so very sadden for the loss of your father. You and your family are in our thoughts and prayers. Allen

Allen Naples - August 27, 2023 at 06:02 AM

LB

“ Lonnie Brown lit a candle in memory of Mr. Frederick A. "Fred" Alsante



Lonnie Brown - August 26, 2023 at 01:43 PM

LB

He was a great mentor and friend. I had not seen him in year but I always remembered his kindness and giving spirt, when I was growing around Wetmore School . To the family my condolences he will be misses.

Lonnie Brown - August 26, 2023 at 01:49 PM

CI

Beautiful obit knew mother and her family well, pinky certainly picked a man for all season, sad for all your loss. Accept my sympathy. Connie Inserra

connie inserra - August 27, 2023 at 10:36 AM



“ Sentiments of Serenity Spray was purchased for the family of Mr. Frederick A. "Fred" Alsante.



August 26, 2023 at 08:33 AM



“ So sorry to read of Fred's passing. Condolences to all of you. He was kind and generous human being.

Joe Tierno - August 26, 2023 at 07:10 AM



“ My heartfelt condolences to my good friend Fred's family. What a kind and gentle man he was. From his "favorite accounting professor" Anthony Tartaglia and wife Dee.

Anthony Tartaglia - August 26, 2023 at 06:24 AM



“ Simply Elegant Spathiphyllum was purchased for the family of Mr. Frederick A. "Fred" Alsante.



August 25, 2023 at 09:27 PM

LF

“ *Lynette Franco lit a candle in memory of Mr. Frederick A. "Fred" Alsante*



Lynette Franco - August 25, 2023 at 12:02 PM